



April

As we head into the final stretch of the school year and the weather continues to improve, we have to constantly remind ourselves that there are still three months of school left, and busy months they are! The staff is providing many exciting opportunities for students to enrich their school experience through events such as intramural sports, class trips and activities.

Our focus continues to be on student engagement and creating lessons and activities that provide opportunities for our students to communicate and collaborate, be creative, solve problems, and think critically. As always, I encourage you to talk to your child(ren) about school and the things he/she is learning, and maintain open lines of communication.

IMPORTANT DATES:

Fri Apr 5 - Early Dismissal

Mon Apr 8 to Fri Apr 19 - SPRING BREAK

Mon Apr 22 - School resumes

Tue Apr 23 - K to Gr 2 Fluoride Varnishing

Wed Apr 24 - Elders attendance meeting

Wed Apr 24 - Parent Advisory Meeting

Thu Apr 25 - 7pm CRPS Board Meeting at
Canmore Board Office

Welcome Spring!

We are hoping that we are saying goodbye to winter and welcoming spring. It is that time of year when we eagerly await the spring thaw and the long anticipated spring weather! Sunshine and warmth are right around the corner, and we are anxious to spend additional time outside. As the spring season approaches, please be mindful of the hazards that exist for you, your children and even your pets, during the spring melt. Spring ice is unpredictable and unsafe. Whether that may be a nearby pond, creek, ditch, slough or river – please stay off the ice. A warm spell can degrade ice very quickly; ice that was safe one day may be dangerous the next. As temperatures increase above zero, creek and river banks may become especially slippery and unstable, it's best to avoid these areas. Water levels will rise and the ice that covers our local rivers, creeks and dugouts will break-up. Keep aware of water levels, as our waterways, including small ditches and culverts, can become filled with runoff and flooding can result. While enjoying the warmer climate and changing conditions ensure safe distances and keep you and your family safe. We hope you have a wonderful and safe spring.

Spring Break

On that note, did you know that our spring break is from April 6 through the 21st? This means no school for students. Remember to join us back for 8:30 a.m. on April 22nd.

Attendance

Regular, punctual attendance is very important. Did you know that we expect at least 90% attendance each month? Please make sure that your child(ren) is here each day as we love to see them. If your child(ren) is sick, please phone our attendance line at 403 673 3656 and let us know. Thank you!

Parent - Teacher Interviews

Thanks to all our students and families who joined us for parent/teacher/student interviews in March. We love to celebrate the successes and work together to support students in areas of need. If you were not able to make it to interviews, please make sure to contact your child(ren)'s teacher to set up a time to talk. Thank you!

Literacy Corner

Independent Reading Definition: Students choose reading material and read with little or no adult support.

Benefits: This is the MOST IMPORTANT way for a child to practice their reading skills.

How do I do it? Provide your children with text that is easy for them to read. Have them read silently or aloud.

What if my child is too tired to read in the evening?

Check out one of our audio books. These offer excellent support to independent reading, and can be listened to in the truck, in the bedroom, while going for a walk, or while sitting on the swing!

What should my child be reading? Your child can choose any type of text that they enjoy. This might be picture books, chapter books, magazines, instruction manuals, comic books, graphic novels, audio books, newspapers, tourism flyers, or anything else that will motivate them to read! The text should be slightly below their instructional level. In other words, they should be able to read it with few or no mistakes, and with an ability to tell the story back to you after they have read it.

Good Fit Books

Do I like it?

The book is something that interests me.

Does it fit?

The book is not too hard and not too easy.

Does it help me?

The book is the right book for what I want to do.

Did You Know

A healthy diet is essential to feeling well and enjoying life to the fullest. Healthy eating starts with following Eating Well with Canada's Food Guide. Enjoying the type and amount of food recommended in the Food Guide can help meet nutrient needs and promote health. Remember to have plenty of vegetables and fruit, eat protein foods such as meat and eggs, make water your drink of choice and choose whole grain foods. Enjoy a variety of nutritious foods. Try something new each week, whether it is a new fruit, vegetable or grain product. Who knows—you may find a new favourite. Did you know that eating grain products provide energy, vitamins, minerals and fibre? Make at least half your grain product choices whole grains each day. Try whole grains such as oatmeal, bulgur, barley, or quinoa. Have a bowl of hot cereal, such as oatmeal, or whole grain ready-to-eat cereal for a meal or snack. Enjoy a small bran muffin for a snack, or with cheese and fruit as a mini-meal. Try brown rice in casseroles and soups. Eat whole grain bread, buns, bagels or muffins, whole wheat pastas and brown or wild rice.

2019-20 Registrations

Did you know that Exshaw School is accepting registrations for the 2019 - 20 school year? We are excited to grow our school family. Please visit us at the school to get a registration or register online.

Opportunities

Our students have ample opportunities to experience field trips that enhance what they are learning in class! Our kindergarten and grade ones are off to Elevation Place in Canmore learning to swim. Our grade fours are learning about our local heroes and working with Elders and local artists to create a work of art depicting their hero. There is a lot of learning going on at Exshaw School!

We look forward to wonderful attendance these last 3 months! Kind regards, Nadine Dack-Doi (Principal)



@Exshawschool



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