

DECEMBER 2018

Daily Lunch Special Calendar & MONTHLY ORDER FORM

Sandwich Substitute Menu items may change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Chicken Wings & Rice	Shepherds Pie	Canmore Golf & Curling Club-Hot Lunch	Pork Loin	Sausage and Hashbrowns
10	11	12	13	14
Hawaiian Ham & Rice	Baked Spaghetti	Canmore Golf & Curling Club-Hot Lunch	Hot Beef Sandwich	HALF DAY Hamburgers
17	18	19	20	21
Turkey Tetrazzini	Thai Chicken & Rice	Canmore Golf & Curling Club-Hot Lunch	Grilled Ham & Cheese Sandwich	HALF DAY
24	25	26	27	28
WISHING	EVERYONE A	SAFE AND	WONDERFUL	HOLIDAY SEASON
31		28	29	30
AND HOPE TO SEE	EVERYONE BACK	TO SCHOOL ON	JANUARY 7th	

Buy a MONTH of lunches at a cost well below our weekly deal!

Detach and send with the correct amount of cash.

WE CANNOT ACCEPT IOUs

Child's Name	Grade	Amount Owed
1 st Child:		\$25
2 nd Child:		\$50
3 rd Child:		\$75
4 th Child:		\$100

PAYMENT is due DECEMBER 3rd, 2018.

Please acknowledge our program's need for full payment by paying in FULL by MONDAY DEC 3rd. Your money allows us to pay for our food, that we are offering to your family at highly discounted prices.

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PTO for School Health and Wellness Message





No candy at school, please!
Please keep your child's halloween candy at home!

The sugar in the candy will not help your child with his/her learning experience, here at Exshaw School.

Thank you, for your support!!

-S.H.A.W Team (School Health and Wellness)

Look at how much sugar is in various sweet treats!

